

Pediatric Occupational Therapy clinic in South Bay Area for children and adolescents with ASD, ADHD, sensory processing disorder, developmental coordination disorder, mental health disorders, and genetic disorders.



1 Sensory Regulation



We help children understand and manage how they respond to sights, sounds, touch, and movement. Through fun, play-based activities, we support sensory processing so, children can stay calm, focused, and confident in daily routines.

Motor Skills

2

We help children build strength, coordination, and motor planning through play-based activities. We support both fine and gross motor development – improving balance, dexterity, and body control – to enhance self-care, schoolwork and active play.



3 Functional Skills



We focus on helping children become more independent in daily activities. Through play and guided practice, we build abilities like dressing, organizing, and managing routines – skills that foster confidence and success at home, school, and in the community

Cognitive Skills

4

We help children strengthen thinking, problem-solving, and attention abilities through engaging, play-based activities. We develop skills like memory, planning, and flexibility – essential for learning, completing tasks, and building independence in everyday life.



5 Social-Emotional Skills



We help children connect, communicate, and build positive relationships with others. Through guided play and interactive activities, we teach skills like sharing, turn-taking, emotional awareness, and cooperation – building confidence in social settings at home, school, and in the community.

20 Years of Care

- Master of Science in Occupational Therapy
- NBCOT Registered and Licensed (OTR/L)
- California Board Certified
- DIRFloortime® Practitioner
- USC Sensory Integration Certified
- Multi-Lingual (English, Hebrew, Russian)



Contact



www.playcircletherapy.com



[\(408\) 718-2504](tel:(408)718-2504)



tanya@playcircletherapy.com



[621 E Campbell Ave, Campbell, CA 95008](#)